

LIVING WELL WITH DEMENTIA ACTIVITIES

Open to anyone living with dementia – those who've been diagnosed, their carers, family and friends.

SETTING THE SCENE

Simple and fun creative workshops that help people share and connect. Enjoy cake and a cuppa, conversation, storytelling, music, song, dance, games and more! Run by the team at Theatre by the Lake.

Most sessions are held at Theatre by the Lake but occasionally move to Crosthwaite School Sunday School room. Contact Mary Elliot on 017687 72282 to find out more.

Term dates:

2020 spring term:

Jan 9 (TBTL)

Jan 16 (Crosthwaite Church Sunday School Room)

Jan 23 (Crosthwaite Church Sunday School Room)

Jan 30 (Crosthwaite Church Sunday School Room)

Feb 6 (TBTL)

Feb 13 (TBTL)

Feb 20 (TBTL)

Feb 27 (TBTL)

March 5 (TBTL)

March 12 (Crosthwaite Church Sunday School Room)

March 19 (TBTL)

March 20 (TBTL)

RELAXED PERFORMANCES

Enjoy our productions but with a more laidback atmosphere. Lights are left on and there's a relaxed attitude to noise and movement.

Next performances:

[*The Naughty Fox*](#): Fri 21 - Sat 22 February, 11am & 2pm

[*Boeing Boeing*](#): Thu 8 October, 12pm

[*The Borrowers*](#): Thu 10 December, 12pm

£5 for under 26s; £10 for over 26s.

Access Packs and Familiarisation tours are available on request. Call 017687 74411 to book.

BACKSTAGE TOURS

Free and available for groups – contact Mary Elliott on 017687 72282 to book.

WHAT ARE WORDS WORTH?

Occasional shared poetry sessions for those living with dementia and their carers. These are run in collaboration with the Wordsworth Trust. For more details and dates contact Mary Elliot on 017687 72282.

Box Office: 017687 74411 | theatrebythelake.com
Theatre by the Lake, Lakeside, Keswick, CA12 5DJ

